

# Dementia Support & Care Resource Directory

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South Central Vancouver Island | 2025 Edition



## Introduction

This directory has been developed to help people living with dementia, their caregivers, and the community easily find support services, programs, and resources across Vancouver Island and beyond.

It brings together local, provincial, and national organizations that provide:

- **Wellness programs** that nurture mind, body, and spirit
- **Support services** such as meals, transportation, and caregiver respite
- **Community and social opportunities** to reduce isolation and promote inclusion
- **Care communities** offering assisted, long-term, or specialized memory care
- **Education and caregiver supports** to build confidence and resilience
- **End-of-life planning** resources that ensure dignity, clarity, and peace

Each entry includes contact information, website links, and a description of services to make navigation easier.

This is a living resource, updated regularly, and meant to empower families and professionals to connect with the care and support that best meets their needs.

# BC Dementia Care Society Resource Guide

**Regional Directories: Cowichan Valley • Nanaimo • Greater Victoria**  
*(Island-wide resources are included under all three regions)*

## Table of Contents

*South Central Vancouver Island | 2025 Edition*

- 1. Wellness Support ..... Page 4
- 2. Community Support Services ..... Page 10
- 3. Long-Term Care Communities ..... Page 18
- 4. Residential Respite & Day Programs ..... Page 24
- 6. Independent & Assisted Care Communities ..... Page 28
- 7. Hospice Care ..... Page 32
- 8. End-of-Life Planning ..... Page 36

## Quick Navigation Matrix

Section	What You'll Find	Sample Resources
Home Support	Companion care, nursing care, respite, medical supplies	Better at Home, Nurse Next Door
Wellness Support	Therapeutic, fitness, and social engagement programs	Providence Farm, Minds in Motion, Men's Sheds
Community Support Services	Meals, transportation, home care, legal/financial supports	Meals on Wheels, Island Health Home Care, Seniors First BC
Long-Term Care Communities	Licensed care homes, dementia-specific neighbourhoods, and assisted living	Cairnsmore Place, Eden Gardens, Amica on the Gorge
Residential Respite & Day Programs	Adult day programs, short-stay respite beds, and caregiver relief	Waldon House, Piercy Respite Hotel, Eden Gardens Daybreak
Caregiver Support & Education	Peer support, education series, provincial and national caregiver organizations	Family Caregivers of BC, Alzheimer Society BC, BCDCS
Independent & Assisted Care Communities	Assisted and independent living residences, many with dementia-inclusive programming	The Hamlets at Duncan, Berwick on the Lake, Ts'i'ts'uwatul' Lelum
Hospice Care	Palliative and end-of-life care, grief support, advocacy organizations	Cowichan Hospice, Hospice House, CHPCA
End-of-Life Planning	Legal, financial, healthcare, and personal planning supports	MAiD, BCDCS Checklist, Memorial Society of BC

# BC Dementia Care Society Resource Guide

**Regional Directories: Cowichan Valley • Nanaimo • Greater Victoria**  
(Island-wide resources are included under all three regions)

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## Section: Home Support

### Cowichan Valley

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#### Angel Helping Hands

 Box 296, 8077 Arthur St., Crofton, BC, V0R 1R0

 250-746-9946

 [info@angelhelpinghandshomecare.com](mailto:info@angelhelpinghandshomecare.com)

 [www.angelhelpinghandshomecare.com](http://www.angelhelpinghandshomecare.com)


**Services:** Home Care Support

We provide support to people of all ages and abilities. Whether you or a loved one are elderly, recovering from injury, need assistance with mental health challenges, or require experienced assisted living support.

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#### King & Queen Companion Care

 Ed and Cheryl Bosch, 8999 Chemainus Road, Chemainus, BC V0R 1K5

 250-701-3536

 [kandqcompcare@gmail.com](mailto:kandqcompcare@gmail.com)

 [www.kandqcompanionshipcare.ca](http://www.kandqcompanionshipcare.ca)


**Services:** Home Care Support, Respite


Providing the quality of life and freedom people deserve in their own homes through companionship and compassionate care.

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#### Nurse Next Door – Cowichan Valley

 Unit 101-1801 Bowen Road, Nanaimo, BC V9S 1H8

 250-748-4357 (Cowichan Valley) | 1-877-588-8609 (General Inquiries)

 [angie.willett@nursenextdoor.com](mailto:angie.willett@nursenextdoor.com) (General Manager, LPN – Nanaimo)


 [www.nursenextdoor.com](http://www.nursenextdoor.com)


**Services:** Home Care Support, Nursing Care, Respite

Matching you with your perfect caregiver, providing personalized care and 24/7 live support for peace of mind.

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### **STAT Home Health & Support Services – Cowichan Valley**

 2610 Beverly Street, Duncan, BC

 778-244-4454 (Cowichan Valley) | 1-888-386-0907 (General Inquiries)

 <https://statsolutionservices.com/>

**Services:** Nursing Services, Home Support Services, Personal Care Services, Live-In Caregivers, Respite

We provide compassionate, professional care services 24/7, and offer reliable support, dignity, and peace of mind for individuals and families at every stage of care.

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### **Greater Victoria**

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#### **Nurse Next Door – Victoria**

 212-284 Helmcken Rd, Victoria, BC V9B 1T2

 250-590-6141 | 1-855-258-6587 (Victoria Region) | 1-877-588-8609 (General Inquiries)

 [www.nursenextdoor.com](http://www.nursenextdoor.com)

**Services:** Home Care Support, Nursing Care, Respite

Personalized, compassionate care with 24/7 live support and caregiver matching.


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### **Nanaimo**

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#### **Nurse Next Door – Nanaimo**

 Unit 101-1801 Bowen Road, Nanaimo, BC V9S 1H8

 250-667-0190 ext. 2 | 1-877-588-8609 (General Inquiries)

 [angie.willett@nursenextdoor.com](mailto:angie.willett@nursenextdoor.com)


 [www.nursenextdoor.com](http://www.nursenextdoor.com)

**Services:** Home Care Support, Nursing Care, Respite

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#### **Pacific Live-in Caregivers**

 120-256 Wallace Street, Nanaimo, BC V9R 5B3

 250-612-2995 | 250-412-3632

 [info@pacificcaregivers.com](mailto:info@pacificcaregivers.com)

 [www.pacificcaregivers.com](http://www.pacificcaregivers.com)

**Services:** Home Care Support, Live-In Care

Providing live-in or out caregivers for seniors, children, or people with disabilities who wish to remain at home.

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### **Island-Wide (ALL Regions)**

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**BC Rebate for Accessible Home Adaptations (BC RAHA)**

📍 Suite 1701-4555 Kingsway, Burnaby, BC V5H 4V8

☎ 1-800-257-7756 | 1-866-465-6873

🌐 [BC RAHA Program](#)

**Services:** Legal & Financial Support

Provides rebates to eligible low-income households to complete home adaptations for independent living.

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**Red Cross Short-Term Health Equipment Loan Program (HELP)**

☎ 250-382-2043 | 1-800-418-1111

✉ [bccoastal@redcross.ca](mailto:bccoastal@redcross.ca) | [WeCare@redcross.ca](mailto:WeCare@redcross.ca)

🌐 [Red Cross HELP](#)

**Services:** Medical Supplies & Equipment

Loans essential health equipment on a short-term basis.

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**Better at Home – United Way**

📍 4543 Canada Way, Burnaby, BC V5G 4T4

☎ 604-268-1312

✉ [info@betterathome.ca](mailto:info@betterathome.ca)

🌐 [www.betterathome.ca](http://www.betterathome.ca)

**Services:** Help at Home, Respite

Supports the non-medical needs of older adults from priority populations across BC.

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**Harmony Health Care**

📍 Head Office: 2A-2753 Charlotte Rd, Duncan, BC V9L 5J2

☎ Duncan & Cowichan: 250-701-9990 | Nanaimo/Comox: 250-716-1233 | Victoria: 250-475-2772

✉ [island@harmonyhealthcare.ca](mailto:island@harmonyhealthcare.ca)

🌐 [www.harmonyhealthcare.ca](http://www.harmonyhealthcare.ca)

**Services:** Home Care Support, Nursing Care

Personalized home health care, nursing, and support services across the Island.

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**Mid-Island Home Support**

📍 104A - 626 First Ave., Ladysmith, BC V9G 1A4

☎ 250-924-2273

✉ [midislandhomesupport@hotmail.com](mailto:midislandhomesupport@hotmail.com)


🌐 [www.midislandhomesupport.com](http://www.midislandhomesupport.com)

**Services:** Home Care Support

Individualized home care with flexible scheduling, delivered with compassion and professionalism.

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### **We Care – CBI Home Health**

 250-746-9224

 [www.wecare.ca](http://www.wecare.ca)

**Services:** Home Care Support


## **Section 2: Wellness Support**

### **Cowichan Valley**

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#### **Cowichan Family Caregivers Support Society**

 135 Third Street, Duncan, BC, V9L 1R9

 (250) 597-0886

 [hello@familycaregiverssupport.org](mailto:hello@familycaregiverssupport.org)


 <https://www.familycaregiverssupport.org/>


**Services:** One-to-One Support; Support Groups; Information, Education and Community Resources; Healthcare System Navigation

Free support services for those who are in a caregiving role for a loved one living in the Cowichan Valley.

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#### **Providence Farm – Disabilities & Age-Related Illnesses Programming**

 1843 Tzouhalem Rd, Duncan, BC V9L 5L6

 250-746-4204

 [provfarm@providence.bc.ca](mailto:provfarm@providence.bc.ca)

 [Providence Farm Programs](#)


**Services:** Respite, Wellness, Support, Social

A nature-based, therapeutic working farm and registered charity. St. Ann's Garden program is especially suitable for people living with dementia.

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#### **St. Ann's Garden Club at Providence Farm**

 Duncan, BC

 250-746-8616

 [provfarm@providence.bc.ca](mailto:provfarm@providence.bc.ca)


 [Providence Farm Programs](#)


**Services:** Respite

Supports older adults and seniors with dementia, serious mental illness, or substance use issues. Offers opportunities to reduce social isolation, strengthen physical health, and build peer relationships to help participants live independently.

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#### **Valley Seniors Activity Centre**

 198 Government Street, Duncan, BC V9L 1A2

 250-746-4433

 valleyseniorsorg@shaw.ca

 [valley-seniors.info](http://valley-seniors.info)


**Services:** Wellness, Social, Creative

Community centre for residents 55+ featuring games, crafts, billiards, and a low-cost café.

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### Men's Shed Association of BC – Cowichan

 Duncan, BC

 menshed@cowichanbraininjury.org (Wally Slobodan & Devon Munro – Co-chairs) |  
president@bcmensshed.ca

 [bcmensshed.ca](http://bcmensshed.ca)

**Services:** Support, Wellness, Social, Creative


Programs that foster social and recreational wellbeing for senior men through shared projects and community connections.

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### Greater Victoria

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### Men's Shed Association of BC – Esquimalt

 Esquimalt, BC


 Doug McLeod – wesmac12@gmail.com


 [bcmensshed.ca](http://bcmensshed.ca)

**Services:** Support, Wellness, Social, Creative

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### Men's Shed Association of BC – Saanich Peninsula (Sidney)

 Sidney, BC


 billmcintyre0828@gmail.com

 [bcmensshed.ca](http://bcmensshed.ca)

**Services:** Social, Creative, Wellness, Support

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### Men's Shed Association of BC – Victoria

 Victoria, BC

 Brendan Hawes – brendan@victoriamensshed.com

 [victoriamensshed.ca](http://victoriamensshed.ca)




**Services:** Social, Creative, Wellness, Support

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## Nanaimo

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### **Men's Shed Association of BC – Nanaimo**

-  Nanaimo, BC
-  Kenn Hample – [info@nanaimomensshed.org](mailto:info@nanaimomensshed.org)
-  [bcmensshed.ca](http://bcmensshed.ca)





**Services:** Support, Wellness, Social, Creative

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## Island-Wide (ALL Regions)

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### **BC Dementia Care Society – Memory Cafe**





-  In-Person in all regions
-  778-888-7445
-  [info@bcdementiacare.org](mailto:info@bcdementiacare.org) [Contact Form](#)
-  [bcdementiacare.org](http://bcdementiacare.org)

**Services:** Wellness, Social, Creative, Community

Memory Café is an inclusive, supportive social environment for people living with dementia and their caregivers to interact and form relationships with others moving through their dementia journey. Coffee, Tea and Snacks are provided.

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### **BC Dementia Care Society – We CARE Connection**





-  In-Person in Cowichan Valley and Greater Victoria
-  778-888-7445
-  [info@bcdementiacare.org](mailto:info@bcdementiacare.org) | [Contact Form](#)
-  [bcdementiacare.org](http://bcdementiacare.org)

**Services:** Support, education, skill building, resources, community

We “CARE” Connection is a 6-month, research-based support program developed specifically for caregivers of people living with dementia, and emphasizing: empowerment in the care partner relationship, both the positive aspects and struggles of caregiving, knowledge and skill building, resource gathering, peer support, building a community of dementia care partners

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### **BC Dementia Care Society – DICE-BC: Dementia Insight & Community Exchange**

-  Pilot project beginning soon in Cowichan Valley, then all of Island Health Region, and expanding province-wide
-  778-888-7445
-  [info@bcdementiacare.org](mailto:info@bcdementiacare.org) | [Contact Form](#)
-  [bcdementiacare.org](http://bcdementiacare.org)


**Services:** Support, education, skill building, resources, community

DICE-BC is a BC Dementia Care Society-led initiative that brings together people living with dementia and caregivers to share their experiences and uses those insights to help shape better services, research, and dementia-friendly communities across British Columbia.

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### **BC Dementia Care Society – Brain Health FUNdamentals**

 In-Person or Virtual

 778-888-7445

 [info@bcdementiacare.org](mailto:info@bcdementiacare.org) | [Contact Form](#)


 [bcdementiacare.org](http://bcdementiacare.org)

**Services:** Support, education, skill building, resources, community  
Brain Health FUNdamentals is a BC Dementia Care Society educational program that helps people understand brain health in clear, accessible language. It offers practical tips and discussion to support cognitive well-being in everyday life.

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### **BC Brain Wellness Program – Djavad Mowafaghian Centre for Brain Health**

 (ONLINE) 2215 Wesbrook Mall, Vancouver, BC V6T 1Z3

 604-827-4386

 [brain.wellness@ubc.ca](mailto:brain.wellness@ubc.ca) | [Contact Form](#)


 [bcbrainwellness.ca](http://bcbrainwellness.ca)

**Services:** Wellness, Fitness, Social, Creative  
Programs include exercise, book clubs, music, dance, improv, laughter, art, yoga, mindfulness, emotional resilience, and caregiver series.

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### **Minds in Motion – Alzheimer Society BC**

 Multiple Island locations | 4420 Chatterton Way Suite 202, Victoria, BC V8X 5J2

 250-382-2052 | 1-800-936-6033


 [info@alzheimerbc.org](mailto:info@alzheimerbc.org)


 [Minds in Motion](http://Minds in Motion)

**Services:** Wellness, Fitness, Social  
Exercise and social program for people living with dementia and care partners, fostering community, wellness, and connection.

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### **Choose to Move – Active Aging Society**

 (ONLINE + in-person at Crystal Pool & Fitness Centre, Victoria, BC)

 604-875-4111 ext. 21787


 [contact@choosetomove.info](mailto:contact@choosetomove.info)

 [choosetomove.ca](http://choosetomove.ca)

**Services:** Wellness, Fitness  
Free, flexible program offering motivation and support for older adults to become more active.

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### Y On Demand Fitness – YMCA

 Online Classes (Island-wide access)

 [ymcahome.ca/fitness](https://ymcahome.ca/fitness)

**Services:** Wellness, Fitness


Virtual YMCA platform offering exercise programs and activities from home.


## Section 3: Community Support Services


### Cowichan Valley

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#### Meals on Wheels – Cowichan

 360 Duncan St., Duncan, BC V9L 3W4

 250-748-8506 | 250-715-5312 (Cowichan) | 250-737-2040 ext. 42221 (Chemainus)

 [mow@cowichangreencommunity.org](mailto:mow@cowichangreencommunity.org)

 [cgcf.ca/meals-on-wheels](https://cgcf.ca/meals-on-wheels)

**Services:** Help at Home, Meal/Food Support


Nutritious meal delivery service supporting seniors and others in the Cowichan region.


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### Nanaimo

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#### Meals on Wheels – Nanaimo

 1233 Kiwanis Crescent, Nanaimo, BC V9S 5Y1

 250-753-1300

 [Kiwanis Village – Meals on Wheels](#)

**Services:** Help at Home, Meal/Food Support


Meal delivery program offering affordable, nutritious meals for seniors and people with health challenges.

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### Island-Wide (ALL Regions)

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#### Island Health – Community Health Services

 250-388-2273 (South Island) | 250-739-5749 (Central Island)

 [Island Health – Home & Community Care](#)

**Services:** Home Care Support

Comprehensive home and community services including nursing, social work, dietitians, occupational and physiotherapy, respiratory care, in-home support, Indigenous health, and 2SLGBTQIA+ resources.

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**Better Meals** *(Provincial Organization)*

📍 Office & Commissary: 5742 Beresford Street, Burnaby, BC V5J 1J1

☎ 1-888-838-1888 | 604-299-1877

✉ contact@bettermeals.ca

🌐 [bettermeals.ca](http://bettermeals.ca)

**Services:** Help at Home, Meal/Food Support

Affordable frozen meal delivery across BC, tailored to seniors' needs.

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**Seniors First BC – Legal Services for Seniors** *(Provincial Organization)*

📍 1281 W Georgia St #310, Vancouver, BC V6E 3J7

☎ 1-866-437-1940 | 604-437-1940

✉ info@seniorsfirstbc.ca

🌐 [seniorsfirstbc.ca](http://seniorsfirstbc.ca) – [Legal Advocacy Program](#)

**Services:** Legal & Financial Support

Free legal advocacy on housing, pensions, debt, discrimination, abuse/neglect, financial exploitation, and guardianship/capacity issues.

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**Seniors First BC – Seniors Victim Services Program** *(Provincial Organization)*

📍 1281 W Georgia St #310, Vancouver, BC V6E 3J7

☎ 1-866-437-1940 | 604-437-1940

✉ info@seniorsfirstbc.ca

🌐 [seniorsfirstbc.ca](http://seniorsfirstbc.ca) – [Victim Services](#)

**Services:** Legal & Financial Support

Provides emotional, practical, and legal support for seniors who are victims of crime or abuse.

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**Canada Pension Plan (CPP) – Government of Canada** *(National Organization)*

☎ 1-800-277-9914

🌐 [CPP Information](#)

**Services:** Legal & Financial Support

Includes Retirement Pension, Survivors Pension, Disability Pension, and Old Age Security (OAS).

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**Employment Insurance – Compassionate Care Benefit** *(National Organization)*

☎ 1-800-206-7218

🌐 [EI Caregiving Benefits](#)

**Services:** Legal & Financial Support

Provides income support for caregivers who take leave from work to care for a gravely ill family member.

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**SPARC BC – Social Planning & Research Council** *(Provincial Organization)*

📍 4445 Norfolk Street, Burnaby, BC V5G 0A7

☎ 604-718-7744 | 1-888-718-7794

 [permits@sparc.bc.ca](mailto:permits@sparc.bc.ca)

 [SPARC BC Parking Permits](#)


**Services:** Support, Transportation  
Administers disability parking permits across BC.

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**Seniors Transportation Access and Resources (STAR) (Provincial Organization)**

 305-268 Keefer St, Vancouver, BC V6A 1X5

 Call 211


 [info@best.bc.ca](mailto:info@best.bc.ca)

 [seniorsonthemove.org](http://seniorsonthemove.org)

**Services:** Support, Transportation  
Guidance and resources for seniors transitioning from driving to alternate transportation options.

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**Wheels for Wellness**

 250-338-0196


 [info@wheelsforwellness.com](mailto:info@wheelsforwellness.com)

 [wheelsforwellness.com](http://wheelsforwellness.com)

**Services:** Help at Home  
Transportation to medical appointments (book 48 hours in advance).

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**BC Bus Pass Program (Provincial Organization)**

 1-866-866-0800


 [BCBusPassProgram@gov.bc.ca](mailto:BCBusPassProgram@gov.bc.ca)

 [BC Bus Pass](#)

**Services:** Support, Transportation  
Provides low-cost annual bus passes for seniors and persons with disabilities.

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**HandyDART – BC Transit (Provincial Organization)**

 604-953-3680 | 604-953-3333


 [atcc@translink.ca](mailto:atcc@translink.ca)


 [HandyDART](#)


**Services:** Support, Transportation  
Door-to-door, shared-ride service for individuals unable to use conventional public transit.

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**Taxi Saver Program – BC Transit (Provincial Organization)**

 250-995-5618 | 250-382-6161


 [taxi\\_saver@bctransit.com](mailto:taxi_saver@bctransit.com)

 [Taxi Saver](#)

**Services:** Support, Transportation, Legal & Financial Support  
Provides 50% taxi fare subsidies for HandyDART-registered riders.

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**Senior Driver Discounts and Benefits (ICBC) (Provincial Organization)**

 604-660-2421 | 1-800-663-7867

 [Senior Driving Benefits](#)

**Services:** Support, Transportation, Legal & Financial Support  
Discounts and benefits for senior drivers in BC.

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**Travel Assistance Program (TAP BC) (Provincial Organization)**

 [TAP BC](#)

**Services:** Support, Legal & Financial Support, Transportation  
Helps cover travel costs for BC residents needing specialist medical care outside their community.


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## Section 4: Long-Term Care Communities

### Cowichan Valley

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**Sunridge Place (Island Health)**

 361 Bundock Ave, Duncan, BC V9L 3P1

 250-748-8048


 [Sunridge Place – Park Place Seniors Living](#)

**Services:** Care Communities – Long-term Care, Care Communities – Independent & Assisted  
Campus of care offering 17 houses across four neighbourhoods, including a dementia-specific unit.  
Features resident activity areas, courtyards, and adjacent Assisted Living apartments (The Meadows & The Arbours). Access to subsidized long-term care is coordinated through Island Health.

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**Cairnsmore Place (Island Health – Subsidized Care)**

 250 Cairnsmore St, Duncan, BC V9L 4H2


 250-709-3080


 [Cairnsmore Place – Island Health](#)

**Services:** Care Communities – Long-term Care  
Publicly funded, dementia-friendly facility with 100 subsidized beds (3 respite, 20 transitional). Offers daily recreation, gardening, outings, arts, and fitness groups. On-site amenities include a salon, tuck shop, and secure courtyards. Caregiver respite (1–2 weeks) available. Referral via VIHA Case Manager. Residents contribute up to 80% of after-tax income.

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### **Acacia Ty Mawr Lodge (Trillium Communities)**

 2655 Shawnigan Lake Rd, Shawnigan Lake, BC V0R 2W3

 250-743-2124


 [Acacia Ty Mawr Lodge](#)


**Services:** Care Communities – Long-term Care, Respite

35-bed licensed long-term care home with dementia-inclusive services and an Adult Day Program. Care includes 24/7 nursing, therapeutic recreation, outings, music, and pet therapy. Adult Day Program offered via VIHA referral (up to \$10/day). Residents contribute up to 80% of after-tax income.

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### **The Meadows at Sunridge Place (Park Place Seniors Living)**

 574 Coronation Ave, Duncan, BC V9L 2T9

 250-748-8048

 [The Meadows at Sunridge](#)

**Services:** Care Communities – Independent & Assisted, Care Communities – Long-term Care

Assisted Living and Long-Term Care residence, known for strong community partnerships and music programs. Provides a warm and inclusive environment with both social and health supports.


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## **Nanaimo**

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### **Oyster Harbour (Park Place Seniors Living)**

 1127 4th Ave, Ladysmith, BC V9G 1A3

 250-245-3318 ext. 101

 oysterharbour@ppsl.com

 [Oyster Harbour](#)


**Services:** Care Communities – Long-term Care, Respite

86 long-term care beds including dementia care and respite. Offers 24/7 nursing, specialized dementia services, recreation therapy, chapel services, secure gardens, and on-site pharmacy. Access via Island Health. Residents contribute up to 80% of after-tax income.

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### **Avenir Memory Care at Nanaimo (Chartwell Community)**

 4989 Wills Rd, Nanaimo, BC V9T 2K4

 778-762-0090 | 778-748-1184 | 250-585-3788


 [Avenir Memory Care](#)


**Services:** Care Communities – Long-term Care, Care Communities – Independent & Assisted, Respite

Private-pay memory care community for dementia, organized into four “Cognitive Lifestyle” neighbourhoods. Offers personalized dementia care plans, secure environments, chef-prepared meals, life-enrichment programs, and respite stays. Rates start at approx. \$5,100/month.

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### **Eden Gardens (Nanaimo Travellers Lodge Society)**

 1917 Northfield Rd, Nanaimo, BC V9S 3B6

 250-739-5749 | 1-877-734-4101


 [Eden Gardens](#)


**Services:** Care Communities – Long-term Care, Respite

Nonprofit, dementia-specific home for 130 residents, based on the Eden Alternative® philosophy. Features secure neighbourhoods, gardens, day programs (Daybreak, Stepping Stones, Community Bathing), music/art/horticultural therapies, and respite opportunities. Subsidized through Island Health (residents pay up to 80% of income).

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### **Nanaimo Seniors Village (Retirement Concepts)**

 6085 & 6089 Uplands Dr, Nanaimo, BC V9V 1T8

 250-729-9524

 [info@retirementconcepts.com](mailto:info@retirementconcepts.com)


 [Nanaimo Seniors Village](#)


**Services:** Care Communities – Long-term Care, Care Communities – Independent & Assisted

152-unit assisted living and long-term care community. Offers full recreation program including exercise, brain fitness, gardening, arts, bingo, music, pet therapy, outings, and movie nights. Subsidized access via Island Health.

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### **Kiwanis House (Kiwanis Village)**

 1233 Kiwanis Cres, Nanaimo, BC V9S 5Y1

 250-753-6471

 [info@kiwanisvillage.ca](mailto:info@kiwanisvillage.ca)

 [Kiwanis Village](#)

**Services:** Care Communities – Independent & Assisted, Care Communities – Long-term Care

Campus of care with independent housing, assisted living, long-term care, and adult day programs. Activities include arts, fitness, outings, social meals, and dementia-inclusive therapies.


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## **Greater Victoria**

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### **Amica on the Gorge**

 994 Gorge Rd W, Victoria, BC V9A 1P2

 250-220-8000


 [Amica on the Gorge](#)


**Services:** Care Communities – Independent & Assisted, Care Communities – Long-term Care

Continuum of care including independent living, assisted living, long-term care, and dedicated memory care. Life enrichment programs include exercise, arts, music therapy, and specialized dementia supports.

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### **Berwick House (New Vision Care Homes Ltd.)**

 4062 Shelbourne St, Victoria, BC V8N 3E6

 250-721-4062


 [Berwick House](#)

**Services:** Care Communities – Independent & Assisted, Care Communities – Long-term Care  
Special Care Home serving seniors with dementia and complex needs. Provides 24/7 nursing, daily living assistance, meals, and individualized activity programs.

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**Luther Court (Luther Court Society)**

 1525 Cedar Hill Cross Rd, Victoria, BC V8P 5M1

 250-477-7241

 [Luther Court](#)

**Services:** Care Communities – Independent & Assisted, Care Communities – Long-term Care  
Campus of care with assisted living, licensed long-term care


## Section 5: Residential Respite and Day Programs

### Cowichan Valley

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**Waldon House (Island Health)**

 2041 Tzouhalem Rd, Duncan, BC V9L 5L6

 250-737-2037 | 250-388-2273 | 1-888-533-2273

 [Waldon House – Island Health](#)


**Services:** Respite

Adult Day Program for seniors with dementia, offering weekday therapeutic activities, social engagement, light personal care, lunch, and optional transport (~\$10/day). Referral required via VIHA Home & Community Care.

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**Cairnsmore Place (Island Health – Subsidized Care)**

 250 Cairnsmore St, Duncan, BC V9L 4H2

 250-709-3080


 [Cairnsmore Place – Island Health](#)


**Services:** Respite, Care Communities – Long-term Care

Dementia-inclusive long-term care and respite with 100 beds (including 3 respite, 20 transitional). Offers recreation, outings, arts, meals, and fitness. Short-term respite (1–2 weeks) available. Referral through VIHA Case Manager.

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**Chemainus Health Care Centre (Island Health)**

 9909 Esplanade St, Chemainus, BC V0R 1K1

 250-737-2040


 [Chemainus Health Centre](#)


**Services:** Respite

Adult Day Program and respite beds for seniors with dementia. Includes therapeutic activities, health monitoring, meals, and transportation. Attendance fee up to \$10/day; referrals via VIHA Case Manager.

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#### **Acacia Ty Mawr Lodge (Trillium Communities)**

 2655 Shawnigan Lake Rd, Shawnigan Lake, BC V0R 2W3

 250-743-2124

 [Acacia Ty Mawr Lodge](#)

**Services:** Care Communities – Long-term Care, Respite

35-bed dementia-inclusive care home with Adult Day Program. Activities include music, pet visits, outings, and therapeutic recreation. Day program cost up to \$10/day (meal, transport, supplies). Referral required via VIHA.


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#### **Nanaimo**

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#### **Avenir Memory Care at Nanaimo (Chartwell Community)**

 4989 Wills Rd, Nanaimo, BC V9T 2K4


 778-762-0090 | 778-748-1184 | 250-585-3788


 [Avenir Memory Care](#)

**Services:** Respite, Care Communities – Long-term Care, Care Communities – Independent & Assisted Private-pay dementia community with respite stays. Features cognitive-neighbourhood model, chef-prepared meals, life-enrichment, outings, fitness, and dementia therapies. Rates from ~\$5,100/month.

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#### **Eden Gardens (Nanaimo Travellers Lodge Society)**

 1917 Northfield Rd, Nanaimo, BC V9S 3B6

 250-739-5749 | 1-877-734-4101


 [Eden Gardens](#)


**Services:** Respite, Care Communities – Long-term Care

Nonprofit dementia-focused home for 130 residents. Day programs (Daybreak, Stepping Stones, Community Bathing) serve 160 community seniors monthly. Programs include art, music, sensory therapies, bathing support, and outings. Referral via VIHA Case Manager.

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#### **Kiwanis Lodge (Kiwanis Village)**

 1221 Kiwanis Cres, Nanaimo, BC V9S 5Y1

 250-753-6471

 [info@kiwanisvillage.ca](mailto:info@kiwanisvillage.ca)


 [Kiwanis Village](#)


**Services:** Care Communities – Independent & Assisted, Care Communities – Long-term Care, Respite Long-term care home with dementia-focused support, holistic therapies, and respite. Activities include music therapy, reminiscence groups, outings, and therapeutic recreation.

---

### People for a Healthy Community – Gabriola

 675 North Rd, Gabriola Island, BC V0R 1X0

 250-247-7311

 [info@phcgabriola.org](mailto:info@phcgabriola.org)

 [PHC Gabriola](#)


**Services:** Care Communities – Independent & Assisted, Care Communities – Long-term Care, Respite, Help at Home, Home Care Support

Programs include *Stepping Up*, *Stepping Out* (Adult Day), Social Prescribing (linking seniors to non-clinical supports), monthly seniors' luncheons, and an education series on aging.

---

### Arrowsmith Lodge

 266 Moilliet St, Parksville, BC V9P 1M9

 250-248-4331

 [Arrowsmith Lodge](#)

**Services:** Care Communities – Independent & Assisted, Care Communities – Long-term Care, Respite  
Dementia-informed campus with Adult Day Program, overnight respite, and long-term care. Offers 75 private rooms, Eden Alternative® model programming, and family/volunteer engagement.


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### Greater Victoria

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#### Piercy Respite Hotel (Island Health)

 1454 Hillside Ave, Victoria, BC

 250-370-5641 ext. 1

 [Piercy Respite Hotel](#)


**Services:** Respite

12-room respite centre for adults 55+. Offers short-term stays (up to 35 days/year), meals, laundry, personal care, social activities, and 24/7 nurse support. Referral through VIHA Case Manager.

---

#### Beckley Farm Lodge (Broadmead Care)

 530 Simcoe St, Victoria, BC V8V 4W4

 250-381-4421


 [Beckley Farm Lodge](#)


**Services:** Respite, Care Communities – Long-term Care

Adult Day Program with activities, meals, exercise, arts, and socialization (\$5/day). Community Bathing Program and overnight respite available. Referral required.

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#### Elk Lake Adult Day Program (Island Health)

 5349 Patricia Bay Hwy, Victoria, BC V8Y 1S2

 1-877-370-8699

 [info@islandhealth.ca](mailto:info@islandhealth.ca)


 [Elk Lake Adult Day Program](#)

**Services:** Respite, Care Communities – Long-term Care, Care Communities – Independent & Assisted  
Weekday day program with therapeutic activities, health monitoring, exercise, and meals in a lakeside setting. Referral via VIHA Case Manager.

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### **Greenwoods Adult Day Centre (Salt Spring Island)**

 133 Blain Rd, Ganges, Salt Spring Island, BC V8K 1Z9

 250-537-5561


 [Greenwoods Adult Day Program](#)

**Services:** Respite, Care Communities – Independent & Assisted  
Secure dementia unit with long-term care and Adult Day Program (therapeutic and social activities, meals, recreation). Subsidized via Island Health, daily fees may apply.

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### **Luther Court Society**

 1525 Cedar Hill Cross Rd, Victoria, BC V8P 5M1

 250-477-7241


 [Luther Court](#)


**Services:** Care Communities – Independent & Assisted, Care Communities – Long-term Care, Respite  
Campus of care with long-term care, assisted living, and day programs. Adult Day Program serves ~60 community seniors per day.

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### **Mount Newton Centre**

 2158 Mount Newton X Rd, Saanichton, BC V8M 2B2

 250-652-3432


 [mncinquiry@shaw.ca](mailto:mncinquiry@shaw.ca)


 [Mount Newton Centre](#)

**Services:** Medical Supplies & Equipment, Care Communities – Independent & Assisted  
Day Program with meals, music, exercise, and transport (~\$5). Also offers Community Bathing, Foot Care, Blood Pressure Clinics, and medical equipment lending.

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### **Rest Haven Lodge (Broadmead Care)**

 2281 Mills Rd, Sidney, BC V8L 2C3


 250-656-0717


 [Rest Haven Lodge](#)

**Services:** Care Communities – Long-term Care  
73 long-term care beds plus Adult Day Program (exercise, games, outings, meals). Fees: \$5/day + optional \$5 transport. Referral required.

---

### **Sunset Lodge (Salvation Army)**

 952 Arm St, Victoria, BC V9A 4G7

 250-385-3422


 [Sunset Lodge](#)


**Services:** Care Communities – Long-term Care, Respite

108 subsidized long-term care beds and Adult Day Programs at multiple sites. Activities include music, exercise, outings, and group reminiscence. Referral required.

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### **The Summit at Quadra Village (Island Health)**

 955 Hillside Ave, Victoria, BC V8T 1Z9

 250-519-3750

 [info@islandhealth.ca](mailto:info@islandhealth.ca)


 [The Summit](#)


**Services:** Care Communities – Long-term Care, Care Communities – Independent & Assisted

320 subsidized private rooms plus Adult Day Program for up to 35 seniors. Features gardens, therapy services, and hemodialysis clinic.

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### **Veterans Memorial Lodge (Broadmead Care)**

 4579 Chatterton Way, Victoria, BC V8X 4G7

 250-658-0311

 [Veterans Memorial Lodge](#)

**Services:** Respite, Care Communities – Long-term Care, Care Communities – Independent & Assisted  
Subsidized long-term care and daily Adult Day Program. Evening respite option available. Caregiver support and wellness programs also offered.

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## **Section 6: Caregiver Support and Education**

### **Cowichan Valley**

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#### **Cowichan Family Caregivers Support Society (CFCSS)**

 135 Third St, Duncan, BC V9L 1R9

 250-597-0886

 [hello@familycaregiverssupport.org](mailto:hello@familycaregiverssupport.org)

 [familycaregiverssupport.org](http://familycaregiverssupport.org)

**Services:** Caregiver Support, Education

Dedicated to supporting caregivers who are caring for an adult family member or friend in the Cowichan Valley through groups, education, and one-to-one support.

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## Island-Wide (ALL Regions)

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### **Family Caregivers of British Columbia (FCBC)** *(Provincial Organization)*

📍 #6 – 3318 Oak St, Victoria, BC V8X 1R1

☎ 250-384-0408

🌐 [familycaregiversbc.ca](http://familycaregiversbc.ca)

**Services:** Caregiver Support, Education

Provincial nonprofit supporting BC's one million caregivers with information, education, and peer supports.

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### **BC Dementia Care Society (BCDCS)**

📍 PO Box 1092, Shawnigan Lake, BC V8H 3C9

☎ 778-888-7445

✉ [info@bcdementiacare.org](mailto:info@bcdementiacare.org)

🌐 [bcdementiacare.org](http://bcdementiacare.org)

**Services:** Caregiver Support, Social & Educational Programs

Provides *We CARE Connection in-person, caregiver support groups*, dementia-friendly social, recreational, creative, and educational programs and resources for caregivers and care partners.

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### **Flipping Dementia Stigma** *(Provincial Organization)*

📍 Centre for Research on Personhood in Dementia, T201 – 2211 Wesbrook Mall, Vancouver, BC V6T 2B5

☎ 604-822-7484

✉ [flipping.stigma@ubc.ca](mailto:flipping.stigma@ubc.ca) | [crpd.admin@ubc.ca](mailto:crpd.admin@ubc.ca)

🌐 [Flipping Stigma Guide](#)

**Services:** Advocacy, Peer Support

Initiative led by people living with dementia in collaboration with UBC researchers, providing tools to challenge stigma and foster personhood.

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### **Family Caregiver Series – Alzheimer Society of BC** *(Provincial Organization)*

📍 828 W 8th Ave, Suite 300, Vancouver, BC V5Z 1E2

☎ 1-800-667-3742 | 604-681-6530

✉ [info@alzheimerbc.org](mailto:info@alzheimerbc.org)

🌐 [Caregiver Series](#)


**Services:** Caregiver Education

Five-session education series covering understanding dementia, communication, behaviour, personal planning, and self-care.

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### **Resource Centre – Alzheimer Society of BC** *(Provincial Organization)*

📍 4420 Chatterton Way, Suite 202, Victoria, BC V8X 5J2

 250-382-2052 (Greater Victoria)

 [info.victoria@alzheimercbc.org](mailto:info.victoria@alzheimercbc.org)


 [Alzheimer Society of BC](#)


**Services:** Resources, Support, Education


Provides resources, research updates, and direct support for people affected by dementia and caregivers.

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### **Print Resources – Alzheimer Society of BC** *(Provincial Organization)*

 828 W 8th Ave, Suite 300, Vancouver, BC V5Z 1E2

 604-681-6530

 [info@alzheimercbc.org](mailto:info@alzheimercbc.org)

 [Print Resources](#)


**Services:** Caregiver Education

Downloadable publications, fact sheets, brochures, and newsletters for dementia caregivers.

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### **Learn About Health: Dementia – Island Health**

 1952 Bay St, Victoria, BC V8R 1J8

 1-877-370-8699 | 1-877-520-3267

 [info@islandhealth.ca](mailto:info@islandhealth.ca)

 [Island Health Dementia Resources](#)

[Caregiver Manual \(PDF\)](#) | [Video Series](#)


**Services:** Education, Caregiver Resources

Educational tools for caregivers including dementia manual and videos, developed in collaboration with UBC, UVic, and Island Medical Program.

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### **Alzheimer Society of Canada** *(National Organization)*

 753 2nd Ave E, Owen Sound, ON N4K 2G9

 1-800-616-8816 | 519-376-7230

 [info@alzheimergreybruce.com](mailto:info@alzheimergreybruce.com)


 [Alzheimer Society of Canada – Caregiver Resources](#)

**Services:** National Resources, Education

Provides national-level resources for caregivers to support loved ones with dementia throughout the disease progression.

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### **Caregivers Support Network – Personalized Dementia Solutions Inc.**

 778-789-1496 | 1-888-502-1321

 [info@DementiaSolutions.ca](mailto:info@DementiaSolutions.ca)


 [Dementia Solutions](#)

**Services:** Fee-for-Service Caregiver Education & Support

Provides one-on-one caregiver coaching, group support, and professional caregiver training (fee-based). Focus on person-centered dementia care.

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### **Dementia Caregiver Support Group – Adult Cognitive Wellness Centre**

 604-655-0535 | 778-549-6413

 [info@AdultCognitiveWellnessCentre.ca](mailto:info@AdultCognitiveWellnessCentre.ca)


 [Adult Cognitive Wellness – Support](#)

**Services:** Support Groups, Cognitive Programs

Offers caregiver support and evidence-based cognitive stimulation programs for people living with dementia.

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### **Family Caregiver Support Groups – Alzheimer Society of BC (Provincial Organization)**

 250-860-0305 | 1-800-634-3399

 [swezner@alzheimerbc.org](mailto:swezner@alzheimerbc.org)

 [Support Groups](#)

**Services:** Peer Support

Facilitated support groups for caregivers and people in early stages of dementia, offered across BC.

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### **Alzheimer Society UK (International Resource)**

 [alzheimers.org.uk](http://alzheimers.org.uk)

**Services:** International Resources, Education

Provides worldwide access to dementia information, research, caregiver tips, and advocacy resources.

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## **Section 7: Independent & Assisted Care Communities**


### **Cowichan Valley**

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#### **The Hamlets at Duncan**

 5950 York Rd, Duncan, BC V9L 0H2

 250-597-7995

 [duncan@optimaliving.ca](mailto:duncan@optimaliving.ca)


 [The Hamlets at Duncan](#)


**Services:** Independent & Assisted Living


Connect with nature and thrive in your retirement years. Studio suites start at \$3,050/month, with a compassionate community model that focuses on wellness, connection, and quality of life.


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#### **Heritage Manor Ltd. (Duncan)**

 5478 Normandy Rd, Duncan, BC V9L 6G4

 250-748-3488

 [success911@msn.com](mailto:success911@msn.com)


 Heritage Manor Assisted Living


**Services:** Assisted Living, Respite, Long-Term Care

Six fully furnished rooms with private ensuites in a home-like, country setting with gardens, wildlife, and personal caregiver attention.

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**The Meadows at Sunridge Place**

 574 Coronation Ave, Duncan, BC V9L 2T9

 250-748-8048

 [Sunridge Place](#)


**Services:** Independent & Assisted Living, Long-Term Care

Part of Sunridge Seniors Community, offering assisted living and publicly funded long-term care, with strong recreation and music programs.

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**Ts'i'ts'uwatul' Lelum (M'akola Housing Society)**

 5755 Allenby Rd, Duncan, BC V9L 0E6

 250-597-2252

 [info@makoladev.com](mailto:info@makoladev.com)


 [Ts'i'ts'uwatul' Lelum Assisted Living](#)


**Services:** Independent & Assisted Living

50 subsidized units for Indigenous Elders, seniors, and people with disabilities. Includes cultural spaces, meals, housekeeping, personal care, and 24/7 emergency response. Placement through Island Health assessment.

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**The Steeples – Chemainus**

 9910 Esplanade St, Chemainus, BC V0R 1K1

 250-246-1805

 [contactCHCF@gmail.com](mailto:contactCHCF@gmail.com)


 [Steeples Assisted Living](#)


**Services:** Assisted Living

16 subsidized one-bedroom units with meals, housekeeping, medication management, activities, and 24/7 emergency response.

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**La Rosa Gardens (Ladysmith)**

 211 Cloke Rd, Ladysmith, BC V9G 2B6

 250-245-1016

 [larosagardens@telus.net](mailto:larosagardens@telus.net)

 [La Rosa Gardens](#)

**Services:** Independent & Assisted Living

60-unit community offering meals, activities, outings, emergency response, and VIHA-provided care services.


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## Nanaimo

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### **Avenir Memory Care at Nanaimo (Chartwell)**

 4989 Wills Rd, Nanaimo, BC V9T 2K4


 778-762-0090 | 778-748-1184 | 250-585-3788


 [Avenir Memory Care](#)

**Services:** Memory Care, Independent & Assisted Living, Respite  
Specialized dementia and Alzheimer's care. Chartwell Edgewater Independent Living opening 2025 will provide chef-prepared meals, activities, and 24/7 staff.

---

### **Berwick on the Lake**

 3201 Ross Rd, Nanaimo, BC V9T 6L9


 250-729-7995


 [Berwick on the Lake](#)

**Services:** Independent & Assisted Living  
Luxury seniors' residence with lakeside setting, fitness programs, creative clubs, social events, and optional enhanced supports.

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### **Kiwanis House (Kiwanis Village)**

 1233 Kiwanis Cres, Nanaimo, BC V9S 5Y1

 250-753-6471


 [info@kiwanisvillage.ca](mailto:info@kiwanisvillage.ca)


 [Kiwanis Village](#)

**Services:** Independent & Assisted Living, Long-Term Care  
Inclusive campus with assisted living, independent housing, long-term care, and Adult Day Programs.

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### **Kiwanis Suites (Kiwanis Village)**

 1234 Kiwanis Cres, Nanaimo, BC V9S 5Y1

 250-753-6471


 [info@kiwanisvillage.ca](mailto:info@kiwanisvillage.ca)


 [Kiwanis Village](#)

**Services:** Assisted Living  
37 subsidized suites with meals, activities, and care supports in a vibrant campus community.


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### **Lakeside Gardens**

 4088 Wellesley Ave, Nanaimo, BC V9T 6M2

 250-756-0799

 [llamontagne@lakeside-gardens.com](mailto:llamontagne@lakeside-gardens.com)


 [Lakeside Gardens](#)


**Services:** Independent & Assisted Living

Nonprofit residence with full services, wellness activities, outings, and personal care supports.

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**Nanaimo Seniors Village**

 6085–6089 Uplands Dr, Nanaimo, BC V9V 1T8

 250-729-9524

 [info@retirementconcepts.com](mailto:info@retirementconcepts.com)

 [Nanaimo Seniors Village](#)


**Services:** Independent & Assisted Living, Long-Term Care


152-unit residence with recreation, meals, therapies, and access to Island Health subsidized placements.

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**Origin at Longwood**

 6205 Oliver Rd, Nanaimo, BC V9T 6T1

 250-751-7755

 Origin at Longwood

**Services:** Independent & Assisted Living, Memory Care


Features Life Enrichment programs including fitness, aquatics, art, clubs, excursions, chef-prepared meals, and memory care supports.


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**Greater Victoria**

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**Amica Beechwood Village (Sidney)**

 2315 Mills Rd, Sidney, BC V8L 5W6

 250-655-0849


 [Amica Beechwood Village](#)


**Services:** Independent & Assisted Living

Retirement community with fitness, arts, gardening, outings, chef-prepared meals, and 24/7 wellness staff.


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**Shoal Centre Assisted Living (Sidney)**

 10030 Resthaven Dr, Sidney, BC V8L 3G4

 778-351-0896

 [shoalcentre@shaw.ca](mailto:shoalcentre@shaw.ca)


 Shoal Centre Assisted Living


**Services:** Assisted Living

25 subsidized units with meals, housekeeping, personal care, and activity programs.

---

### **The Peninsula (Sidney)**

 2290 Henry Ave, Sidney, BC V8L 2B2

 250-656-8827


 [Peninsula at Norgarden](#)


**Services:** Independent & Assisted Living

Studio, one- and two-bedroom suites with meals, care supports, and social activity calendar.

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### **Ayre Manor (Sooke)**

 6754 Ayre Rd, Sooke, BC V9Z 1K1

 250-642-1750 ext. 101

 [reception@ayremanor.ca](mailto:reception@ayremanor.ca)

 [Ayre Manor Seniors Housing](#)


**Services:** Independent & Assisted Living, Long-Term Care, Hospice

Campus of care offering assisted living suites, meals, activities, and personal care supports.

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### **Amica Douglas House (Victoria – James Bay)**

 50 Douglas St, Victoria, BC V8V 2N8

 250-383-6258

 [Amica Douglas House](#)


**Services:** Independent & Assisted Living, Memory Care, Respite

Luxury senior living with chef-prepared meals, wellness plans, cultural programs, and memory care support.

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### **Amica on the Gorge**

 994 Gorge Rd W, Victoria, BC V9A 1P2

 250-220-8000


 [Amica on the Gorge](#)


**Services:** Independent & Assisted Living, Long-Term Care


Full continuum of care including assisted living, long-term care, and memory care, with tailored activity and wellness programs.

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### **Amica Somerset House (Victoria – James Bay)**

 540 Dallas Rd, Victoria, BC V8V 4X9

 250-380-9121


 [Amica Somerset House](#)


**Services:** Independent & Assisted Living, Respite

Oceanside retirement residence with luxury amenities, chef-prepared meals, wellness staff, and activity programming.

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**Berwick House (Victoria – Gordon Head)**

 4062 Shelbourne St, Victoria, BC V8N 3E6

 250-721-4062


 [Berwick House](#)


**Services:** Independent & Assisted Living, Long-Term Care

Licensed care home with wellness programs, 24/7 nursing, structured recreation, and community connections.

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**Berwick Royal Oak**

 4680 Elk Lake Dr, Victoria, BC V8Z 0B4

 250-386-4680

 [Berwick Royal Oak](#)


**Services:** Independent & Assisted Living

Continuum of care with cognitive programs, wellness checks, and tailored dementia-friendly activities.

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**Cridge Village Seniors Centre**

 1307 Hillside Ave, Victoria, BC V8T 0A2

 250-384-8058


 [Cridge Village Seniors Centre](#)


**Services:** Assisted Living

77-unit residence with wellness, fitness, social activities, and dementia-inclusive programs.

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**Hillside Terrace (Victoria Cool Aid Society)**

 1460 Hillside Ave, Victoria, BC V8T 2B7

 250-383-1977


 [Cool Aid – Hillside Terrace](#)


**Services:** Assisted Living


45-unit supportive housing for seniors with health, mobility, and mild-to-moderate cognitive challenges.

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**Jesken Aerie (Langford)**

 817 Goldstream Ave, Langford, BC V9B 2X8

 250-474-1524

 [info@makoladev.com](mailto:info@makoladev.com)

 [Jesken Aerie Assisted Living](#)


**Services:** Assisted Living

60 subsidized units with wellness programming, cultural inclusivity, and dementia-sensitive care supports.

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**Legion Manor (Central Saanich)**

 7601 East Saanich Rd, Victoria, BC V8M 0A4

 250-652-3261

 [legionrentals@legionmanorvictoria.ca](mailto:legionrentals@legionmanorvictoria.ca)

 [Legion Manor](#)


**Services:** Independent & Assisted Living

68 assisted-living suites, recreation, personal care, and dementia-inclusive activity programming.

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### **Luther Court (Victoria)**

 1525 Cedar Hill Cross Rd, Victoria, BC V8P 5M1

 250-477-7241

 [Luther Court Society](#)


**Services:** Assisted Living, Long-Term Care, Respite


Campus of care with adult day programs, assisted living units, and dementia-friendly supports.

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### **Marrion Village (Oak Bay – 1950 Bee St)**

 1950 Bee St, Victoria, BC V8R 6P6

 250-592-2593

 Marrion Village – Baptist Housing


**Services:** Assisted Living


50 subsidized assisted-living suites with meals, housekeeping, wellness programs, and social events.

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### **Marrion Village (Oak Bay – 1980 Bee St)**

 1980 Bee St, Victoria, BC V8R 0A1

 250-592-2593


 Marrion Village – Baptist Housing


**Services:** Assisted Living

50 subsidized assisted-living units with activities, outings, and inclusive social engagement.

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### **Parry Place (Victoria – James Bay)**

 408 Parry St, Victoria, BC V8V 2H7

 250-382-4443


 [Parry Place Assisted Living](#)


**Services:** Assisted Living


21 subsidized suites with meals, personal care, and dementia-inclusive recreation.

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### **Ross Place Seniors Community**

 2631 Douglas St, Victoria, BC V8T 5L7

 250-381-8666

 [info@rossplace.ca](mailto:info@rossplace.ca)


 [Ross Place Seniors Community](#)


**Services:** Independent & Assisted Living

Urban seniors community with independent and subsidized assisted living, plus wellness and cognitive activities.

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### **Selkirk Seniors Village**

 385 Waterfront Cres, Victoria, BC V8T 5K7

 250-940-1028

 [selkirk.info@retirementconcepts.com](mailto:selkirk.info@retirementconcepts.com)


 [Selkirk Seniors Village](#)


**Services:** Assisted Living, Long-Term Care

Supports residents with dementia through inclusive programming, meals, and 24/7 care.

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### **The Cedars – Dawson Heights**

 3710 Cedar Hill Rd, Victoria, BC V8P 5V5

 250-477-4850


 Dawson Heights – The Cedars


**Services:** Independent & Assisted Living

53 suites (private and subsidized), meals, personal care, activities, and dementia-friendly recreation.

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### **Wellesley Seniors Village (Victoria)**

 2800 Blanshard St, Victoria, BC V8T 5B5

 250-383-9099

 [well.info@retirementconcepts.com](mailto:well.info@retirementconcepts.com)


 [Wellesley Seniors Village](#)


**Services:** Assisted Living

74 assisted-living suites (subsidized and private pay), meals, personal care, and cognitive wellness programming.

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### **West Shore Lodge (Colwood)**

 1828 Island Hwy, Victoria, BC V9B 1J2

 250-478-7527

 [West Shore Lodge](#)

**Services:** Assisted Living

50 units (6 subsidized) with meals, personal care, recreation, and dementia-friendly supports.


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## **Section 8: Hospice Care**

### **Cowichan Valley**

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### **Cowichan Valley Hospice Society**

 3122 Gibbins Rd, Duncan, BC V9L 1G2

 1-888-701-4242 | 250-701-4242

 [frontdesk@cowichanhospice.org](mailto:frontdesk@cowichanhospice.org)


 [Cowichan Hospice](#)


**Services:** End of Life

Provides free support, information, and companionship for people with advancing illness, their families, and those grieving. Services delivered by trained staff and volunteers across Cowichan communities.

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### **Cowichan Hospice House – In-Patient Care**

 3122 Gibbins Rd, Duncan, BC V9L 1G2

 250-701-4242

 [info@cowichanhospice.org](mailto:info@cowichanhospice.org)


 [Cowichan Hospice House](#)


**Services:** End of Life

Island Health–operated in partnership with Cowichan Hospice. Focuses on comfort, dignity, and symptom management in a home-like setting with wraparound support for loved ones.

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### **Chemainus Health Care Centre – Hospice Residence (Island Health)**

 9909 Esplanade St, Chemainus, BC V0R 1K1

 250-737-2040

 [info@islandhealth.ca](mailto:info@islandhealth.ca)

 [Chemainus Health Care Centre](#)

**Services:** Long-Term & Hospice Care

Provides hospice residence and long-term care services, coordinated through Island Health.


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### **Island-Wide (Provincial & National)**

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### **Canadian Hospice Palliative Care Association (CHPCA)**

 M332 – 1554 Carling Ave, Ottawa, ON K1Z 7M4

 1-800-668-2785 | 613-241-3663

 [info@chpca.ca](mailto:info@chpca.ca)


 [CHPCA](#)


**Services:** Support


National organization advancing quality hospice palliative care through education, advocacy, and policy.

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### **British Columbia Hospice Palliative Care Association (BCHPCA)**

 Unit 1100 – 1200 W 73rd Ave, Vancouver, BC V6P 6G5

 604-267-7024 | 1-877-410-6297

 [office@bchpca.org](mailto:office@bchpca.org)



**Services:** Support

Provincial association advocating for hospice and palliative services across BC and Yukon.

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### Canadian Virtual Hospice

Room PE464, One Morley Ave, Winnipeg, MB R3L 2P4

[info@virtualhospice.ca](mailto:info@virtualhospice.ca)



**Services:** Support

Provides personalized online information and resources on advanced illness, palliative care, loss, and grief for patients, families, caregivers, and professionals.

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### BC Palliative Care Benefits Program

1-800-663-7867



**Services:** Medical Supplies & Equipment

Supports people of all ages at end of life with access to medications, nursing, and medical equipment. Requires physician referral.

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## Section 9: End of Life Planning

### Cowichan Valley

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#### Dignity Memorial

Cowichan Valley (CVRD)

800-343-4464



**Services:** End of Life

Offers funeral, cremation, and life celebration planning with compassionate guidance from local providers. Supports both advance arrangements and immediate needs.

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#### Arbor Memorial

Cowichan Valley (CVRD)

1-888-700-7766




**Services:** End of Life

A family-owned Canadian provider of funeral and memorial services, offering personalized, community-rooted support for meaningful celebrations of life.

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### **Living Reef Memorial**

 17 Gatacre St, Ladysmith, BC V9G 1B2

 250-252-0476

 [livingreefmemorialcanada@gmail.com](mailto:livingreefmemorialcanada@gmail.com)

 [Living Reef Memorial](#)

**Services:** End of Life


An ecological alternative to traditional burials. Loved ones' memories are honoured through the creation of ocean reef habitats that serve as living memorials.

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### **Greater Victoria**

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#### **MAiD – Medical Assistance in Dying (Island Health)**

 250-727-4382 (Greater Victoria)

 [maid@islandhealth.ca](mailto:maid@islandhealth.ca)

 Island Health: Learn about MAiD

**Services:** End of Life

Doctors and nurse practitioners support eligible patients seeking medical assistance in dying (MAiD).

Resources include:

- [MAiD Public Handout]
  - [MAiD Support & Bereavement Guide]
  - [MAiD in Canada Video]
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#### **End of Life Doula – Greater Victoria**

 [connect@karlakerr.ca](mailto:connect@karlakerr.ca)

 [Karla Kerr – End of Life Doula](#)

**Services:** End of Life


Provides personalized advocacy, support, and guidance for individuals and families navigating end-of-life planning with compassion and clarity.

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### **Nanaimo & Central Island**

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#### **End of Life Doula – Nanaimo (Inner Peace)**

 [innerpeacenanaimo@gmail.com](mailto:innerpeacenanaimo@gmail.com)


 [Inner Peace Nanaimo](#)

**Services:** End of Life

Offers personalized end-of-life care, advocacy, and emotional support for individuals and families across Central and Southern Vancouver Island.

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**Dr. Linda Franchi (“Frankie”) – End of Life Doula**

 604-307-3357

 Drfranchi@icloud.com

 [Dr. Franchi – End of Life Doula](#)

**Services:** End of Life

Provides holistic, person-centred end-of-life doula care, emphasizing relationships, dignity, and supporting each person’s unique beliefs and circumstances.


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**Island-Wide (Provincial & National)**

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**BC Dementia Care Society – End-of-Life Planning Checklist**

 PO Box 1092, Shawnigan Lake, BC V9H 3C9

 778-888-7445

 info@bcdementiacare.org

 [bcdementiacare.org](#)

**Services:** Important Phone Numbers, End of Life, Legal & Financial Support, Planned Giving, Support BC Dementia Care Society’s custom checklist helps people living with dementia and their families in BC organize important legal, financial, healthcare, and personal documents to prepare for end-of-life care.

***Planning Ahead: 3 Key Areas for End-of-Life***

*When planning for the later stages of dementia, families may feel overwhelmed. The BC Dementia Care Society’s End-of-Life Planning Checklist is a practical guide to help you focus on three main areas:*

***1. Legal & Financial Planning***

- *Wills, powers of attorney, pensions, and benefits*
- *Support: Memorial Society of BC, Seniors First BC*

***2. Healthcare Planning***

- *Medical Assistance in Dying (MAiD) information*
- *Advance care directives, palliative benefits, hospice services*


***3. Personal & Legacy Wishes***

- *Funeral and memorial preferences*
- *Legacy projects (e.g., Living Reef Memorial, end-of-life doulas)*

[End-of-Life Planning Checklist](#) (LINK to document)

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**MAiD – Medical Assistance in Dying (BC Government)**

 1-800-663-7867

 [BC Government – Learn about MAiD](#)


**Services:** End of Life


Provides information about eligibility, safeguards, and processes for Medical Assistance in Dying across BC.

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**Memorial Society of BC**

 949 W 49th Ave, Vancouver, BC V5Z 2T1

 1-888-816-5902 | 604-733-7705

 [mail@memorialsocietybc.org](mailto:mail@memorialsocietybc.org)

 [Memorial Society of BC](#)

**Services:** End of Life

Non-profit organization offering lifetime membership (\$40) with access to preferred pricing for funeral and cremation services.

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**End of Life Doula Association of Canada**

 [End of Life Doula Association of Canada](#)

**Services:** End of Life

National association supporting individuals and families through end-of-life with trained doulas across Canada.